

## 2017 - 2018 Fenton High School Social Emotional Learning (SEL) Program

Illinois SEL Goal	Illinois SEL Standard	Fenton SEL Topic of the Month	
Develop self-awareness & self-management skills to achieve school & life success.	Identify & manage one's emotions & behavior.	August	Healthy Lifestyle Choices <i>Time management, sleep, diet, exercise</i> <i>Be REAL: Welcome Back!</i>
	Recognize personal qualities & external supports.	September	Goal Setting <i>Be REAL: Be Here, on Time &amp; Prepared</i>
	Demonstrate skills related to achieving personal & academic goals.	October	How Current Actions Affect Long-Term Goals <i>Be REAL: Use Bison Time &amp; Self-Advocate</i>

Use social-awareness & interpersonal skills to establish & maintain positive relationships.	Recognize the feelings & perspectives of others.	November	How to Help a Friend in Need <i>Bullying &amp; suicide prevention</i> <i>Be REAL: Respect Physical &amp; Social Boundaries</i>
	Recognize individual & group similarities & differences.	December	Diversity & Discrimination <i>Be REAL: Use Proper Language</i>
	Use communication & social skills to interact effectively with others.	January	Digital Citizenship <i>Be REAL: Use Technology Appropriately</i>
	Demonstrate an ability to prevent, manage, & resolve interpersonal conflicts in constructive ways.	February	Conflict Resolution <i>Be REAL: Respect Others</i>

Demonstrate decision-making skills & responsible behaviors in personal, school, & community contexts.	Consider ethical, safety, & societal factors in making decisions.	March	Peer Pressure Drug & alcohol abuse <i>Be REAL: Be Responsible</i>
	Apply decision-making skills to deal responsibly with daily academic & social situations.	April	Staying Focused <i>Be REAL: Demonstrate Academic Honesty &amp; Be Here, on Time &amp; Prepared</i>
	Contribute to the well-being of one's school & community.	May	Bison Pride <i>Be REAL: Keep the School Clean &amp; Dress Appropriately</i>

