

Social-Emotional Learning (SEL) Parent Connection

During the month of March, Fenton's SEL program will focus on peer pressure and the issue of drug & alcohol abuse. According to the American Academy of Pediatrics, parents are the strongest influence on children's decision-making about drugs, tobacco, and alcohol use. As a parent, you have more influence than your child's friends, music, the internet, or celebrities. The Partnership for a Drug-Free America lists the following six parenting practices that research has shown to be effective in preventing teen drug abuse:

- Build a Warm & Supportive Relationship with Your Child
- Be a Good Role Model When it Comes to Drinking, Taking Medicine & Handling Stress
- Know Your Child's Risk Level
- Know Your Child's Friends
- Monitor, Supervise & Set Boundaries
- Have Ongoing Conversations & Provide information About Drugs & Alcohol

For more detailed information and advice on each of the above practices, please visit:

www.drugfree.org/prevent

The SEL Committee is currently relaunching our SEL program with a projected student roll-out of 2018-2019. We would love to hear your feedback on our current program and have you get involved as a part of the SEL Advisory Board. Please click here to give feedback or to learn more about the advisory board:

<https://goo.gl/forms/kZwsmDs35caGBhu23>